



OCTOBER 2022 • VOLUME 9 • ISSUE 10

matt talbot kitchen & outreach

BOLD HOPE

Huskers Helping the Homeless Raises Over \$56,000



2022 Huskers Helping the Homeless was action packed! The whole city was buzzing and ready to tailgate in true Nebraska fashion. Adding to the excitement was our annual Huskers Helping the Homeless fundraiser which brought more than 200 volunteers out to support Matt Talbot Kitchen & Outreach. For three days September 15-17, MTKO had volunteers all over Lincoln, including Sam's Club, Russ's Market, Walmart, Super Saver and Downtown Lincoln. The weather started out Saturday a little wet, but it eventually turned into a nice morning. Our Oklahoma guests were even very kind and generous in donating to our mission. With the volunteers help and all of our generous sponsors we have raised over \$56,000 for our programs that assist the working poor and homeless in the Lincoln community and surrounding areas. A Big Bold Hope Thank you!

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Mexican Beef and Cheese Casse-

Serving Size: 150

Calories per serving : 423.5

Ingredients:

- 18 ¾ pound ground beef
- 37 garlic cloves
- 18 (15 ounce) can black beans
- 37 ½ cups low fat sharp cheddar shredded
- 18 ¾ cups long grain rice
- 18 cups salsa
- 18 ¾ cups diced onions
- 1 cup taco seasoning
- 37 cups chicken broth (sodium free)

Directions: Preheat the oven to 375 degrees

F. Heat a large skillet over medium-high heat. Add ground beef and start to brown, then add onion, garlic, and taco seasoning. Cook until beef is no longer pink, 5 to 7 minutes. Drain and discard any excess oil. Add beans, tomatoes, chicken broth, 1 cup Mexican blend cheese, rice, and salsa. Pour into the prepared casserole dish. Bake in the preheated oven until rice is cooked, 45 to 50 minutes. Take out of the oven, sprinkle with remaining cheese, and bake until cheese is melted, about 10 minutes more.



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News from the Kitchen
By Casey McKerlie
Kitchen Manager

Summer is Winding Down, Get Ready to Fall Back!



Summer is almost over, and WOW, it was busy! During the months of June, July and August we served 11,301 lunch meals and 10,219 dinner meals. We also collected and distributed over 23,000 lbs. of food to our guests. Thank you to all of our Hunger Relief teams for all of your hard work and generosity. We would not be able to help the working poor and homeless in the Lincoln community without all of you! Please remember we post the daily meal numbers on our website weekly, go to mtko.org to view.

- Please make sure you are wearing gloves at all times when handling food.
- Evening and weekend cleaning list is on the back of the daily report. Please let the kitchen staff know if you have any questions.
- Milk costs are on the rise. Please make sure that guests are only taking one milk per meal.
- Guests asking for more than one meal are required to get a meal card from the Outreach staff. Please take card from guests when they are in line. They are only to be used once. We currently do not have a solution for the weekends, please use your best judgement.
- We are currently experiencing a supply chain issue with receiving canned fruits and vegetables from the Food Bank. We are checking daily to see if there are items to order. We will stock shelves as soon as we are able.
- A friendly reminder to our Hunger Relief Captains. You recently received a Hunger Relief survey in your email. We would greatly appreciate if you could please take a moment and fill it out. Your response is truly needed.
- MTKO serves lunch meals 11:30 to 12:30 and dinner meals from 5:30 to 6:30 daily. Please make sure we are serving during these times.
- Emergency food is located in the cooler. The items are marked. As always, if something is not marked save or does not have someone's name on it and you need extra food, you can help yourselves. Any questions, please let Casey know.

WHAT'S 
HAPPENING IN
THE KITCHEN?

The pager number for weekend teams is no longer available.

The new number is 402-473-2828.

Volunteer Opportunities: One-time meals & On-going monthly meals

One-Time. Dinner October 8, Dinner December 31

Ongoing Monthly Meals: 1st Monday lunch odd months, 1st Wednesday evening meals every month except March & November, 3rd Monday lunch, 3rd Tuesday evening meals, 3rd Wednesday lunch, 4th Monday lunch, and 5th Tuesday evening meals.

Call Casey at 402-817-0607 or email Casey.Mckerlie@MTKO.org.

Non-Discrimination Statement

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA."



BOLD HOPE

PO Box 80935
Lincoln, NE 68501



30 years
of serving lincoln

MTKO Welcomes New Director of Housing and Outreach



Matt Talbot Kitchen & Outreach welcomes Leanne Pelser as our new Director of Housing and Outreach Programs. Leanne comes to Lincoln with her family, her husband and two children, from Virginia Beach, Virginia. She was born in Cape Cod, Massachusetts. Leanne has worked in Housing and Homeless Services since 2006 after graduating from college with a bachelors in social work. She has worked in multiple cities across the US, including Boston, MA, San Diego, CA and Norfolk, VA. Leanne has worked on multiple housing grants which include HPRP ESG Rapid Rehousing Supportive Services for Veteran Families Shelter Plus Care as well as most recently was the Program Supervisor for a 100 bed low barrier emergency shelter and day program. Leanne says her oldest daughter is very excited to come and volunteer here at MTKO. She has helped her mom in weather event shelters since she was a small child. In Leanne's spare time she loves to garden and search for new recipes and play with her children. When asked what drew her to Matt Talbot Kitchen & Outreach Leanne responded, "I think it is so important to provide food and shelter and kindness to our community members. I am so excited and blessed to be able to join the Matt Talbot team!" We are excited to have Leanne here and part of our team! If you see Leanne in the building please stop her and say hi!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Lunch Knights of Columbus Jim & Connie Novacek Supper St Patrick's-Manley Sherry Kunz	31 Lunch ROLI P,P,S Supper St Michael's Cheney Lori & Michelle	MTKO Weekend Answering Service Number: 402-473-2828				1 Lunch College View Something Else Class Vicki Biloff Supper Champoux Family & Friends Melanie Johnson
2 Lunch Madonna Sue Carraher Supper Family & Friends Peggy & Greg Dynek	3 Lunch Prairie Hill Learning Center Jordan Hope Supper Super Supper Servers Sue Connolly	4 Lunch Family & Friends Mary Jo Bousek Supper Tuesday Dues Capital City Christian Church Joy Blythe	5 Lunch Wednesday Lunch Bunch Lisa Hayes Supper Sub Team Bethlehem Lutheran P/P/S	6 Lunch Angel Helpers Mary Jo Bousek Supper St. Joseph's #3 Pat & Bill Lundak	7 Lunch IANL Roli Saraf Supper Westminster Presbyterian Church Gary Haller	8 Lunch Second Saturday Smilers Janette Johnson Supper Need Sub Team
9 Lunch St Mary's Elmwood Ruth Ann Hlavac Supper Molly Brummond & Family	10 Lunch Sacred Heart Alt. Soc. Beaver Crossing Jerry Pariset Supper J-Tech Construction Jason Olberding	11 Lunch MTKO P Community Corrections Center P/S Supper St Pat's Leah Bethune	12 Lunch Christ United Methodist Mary Woodard Supper St Peter's Godteens Sarah Hodge	13 Lunch Country Neighbors Beaver Crossing Mike Stutzman Supper Blessed Sacrament #2 Mary Jo Bousek	14 Lunch Christ Lincoln Schools Mark Lakamp Supper Blessed Sacrament #1 Maureen Mattern	15 Lunch St Katherine's Lunch Bunch Mark & Mai Linebaugh Supper Holy Savior Lutheran I Andrea Lewis
16 Lunch St. Peter's Mary French Supper Talent Plus Cydney Koukol	17 Lunch MTKO P/P Swanson Russell Serve Only Supper St. David's Episcopal Kathy Wilson	18 Lunch First Lutheran Church Steve & Karen Supper Possible Team Need Sub Team	19 Lunch Lincoln Industries P,P,S Supper St Teresa's #1 Rosie Polak	20 Lunch Christ United Methodist Maggie Bates Supper St E's Mission Integration Committee Julie Fuller	21 Lunch Second Baptist & Elaine Pope Supper St Mary's - NA Martyrs Mix Carol Ruskamp & Cindy Seidl	22 Lunch 1 st Plymouth Congregational Hollie Schmidt Supper 1 st Plymouth Congregational Hollie Schmidt
23 Lunch Light of the World Marron Keady Supper The Servants of St Joseph Mary Bill	24 Lunch Nelnet P,S MTKO Prepare Supper Sysco Lincoln Elke Hesser	25 Lunch Women's Welcome Club Maril Freese Supper Southwood Lutheran Leigh Porter	26 Lunch Trinity Lutheran Church, Cordova Kim Due Supper St Teresa's Coffee Group Donna & Karen	27 Lunch Joseph B Louann Cao Supper St Francis & St Clare Janet Harrison	28 Lunch Sister Chicks Ursula McLaughlin Supper Sheridan Lutheran Grandma Sue	29 Lunch The Dangling Particles Holly Tracy Supper Cathedral Godteens Renee DeVilliers

Mission Statement: To serve the needs of Lincoln's working poor and homeless by relieving hunger, overcoming, homelessness, addressing addiction, and providing outreach and advocacy.

USDA INVENTORY AS OF September 26 2022

Canned, Frozen or Instant Vegetables

1.5 cases (24 #300 cans/case) Red Kidney Beans
1 case (24 #300 cans/case) Black Beans
3 ½ cases (24 #300 cans/case) Garbanzo Beans

Canned & Frozen Fruit

None

Pasta

None

Frozen & Canned Meat

2 cases (36/10 oz. pouches/case) Chicken Meat
5 ½ cases (24/12 oz. cans/case) Canned Tuna
26 cases (24/12.5 oz. cans/case) Canned Chicken

Soups

4 cases (24/#300 cans/case) Tomato Soup

Miscellaneous

2 cases (24/#300 cans/case) Refried Beans