

2017-2018

Annual Report to the Community

BOLD HOPE

25 Years and Counting



matt talbot
kitchen & outreach

BOARD OF DIRECTORS 2017-2018

Executive Committee

Dave Smith, President
Technology Manager, Allstate
Life and Retirement

Natasha Plooster, President Elect
President, EatFitGo Lincoln

**Greg Ernst, Immediate
Past President**
Senior Vice President, UBS Financial

Kiley Wiechman, Treasurer
Accountant, HBE Becker Meyer Love LLP

Directors

Prem Bansal
Community Volunteer

Officer Chassidy Jackson-Goodwin
Lincoln Police Department

Fr. Kenneth Borowiak
Pastor, St. Michael Catholic Church

Brad Meyer
CEO, Bluestem Health

Jennifer Conzemius
Staff, St. Peter's Catholic Church

Josh Midgett
President, Integrated Life Choices

Rick Costello
Global Account Director, SAP America

Alynn Sampson
Youth and Family Program
Director, Food Bank of Lincoln

Eric Dinger
President, Powderhook

Roli Saraf, PhD
Adjunct Faculty, Kaplan University
and Southeast Community College

Greg Frayser
Attorney, Cline Williams Wright
Johnson & Oldfather, LLP

Lincoln Zehr
CEO, Hampton Enterprises Inc.

Special thanks to retiring board members:
Ruth McKinstry, Brian Rote, Jason Stille, and Joseph Young

COMMUNITY PARTNERS

CEDARS	Lincoln Lancaster County Health Department
Center for People in Need	Lincoln Literacy
CenterPointe	Lincoln Housing Authority
Clinic with a Heart	Paul Mitchell School of Hair Design
Community CROPS	The Orchard
Department of Health & Human Services	Union College
First Plymouth Church	Veterans Affairs
Food Bank of Lincoln	Vocational Rehabilitation
Lens Crafters	Wells Fargo
Legal Aid of Nebraska	

FINDING POSSIBILITIES

Dear Friends,

It's hard to believe another year has passed, and oh what a year it was! A significant milestone was achieved as we celebrated our 25th anniversary with an *MTKO style birthday party* on September 6, 2017 with a dining room full of guests, volunteers, community leaders, staff and our board of directors. Cake and a delicious lunch was shared along with stories from the past and goals for the future. Months of planning went into that event and several other celebrations that were held throughout the year.



Susanne Blue

In addition to hosting many anniversary celebrations and activities, we also completed a building expansion project to house our CARE/Substance Use Program and new Housing initiatives. We are so grateful for the community's generous response and the great work of Sinclair Hille Architects and Hampton Construction for getting the project done on time and under budget!!

We have two new staff members who joined us this year bringing our professional team to 20. And of course, our army of compassionate volunteers who help us produce the tremendous outcomes you will review in this report. Please read on — it is inspiring and offers a glimpse into the daily efforts of one of Lincoln's most compassionate safety nets.

Our board of directors continue to support our long-term goals and *vision to defeat hunger and homelessness and restore hope*. We are grateful to Greg Ernst, our immediate past president, who led us through the last few years of growth and are excited to welcome Dave Smith as our current President. Dave is a strong advocate for our staff and passionate about Matt Talbot's mission.

We look forward with bold hope and determination to face the challenges and joys the next 25 years will bring as we continue to address poverty, hunger and homelessness in our community. One thing is certain — Matt Talbot will continue to provide more meals, more housing, more counseling, and more basic needs services to address the many needs that walk through our open doors 365 days a year. Thank you for your part in making that possible!

Sincerely,

Susanne Blue, CMSW
Executive Director



Dave Smith

I am truly humbled to serve as the president of the board of directors at Matt Talbot Kitchen and Outreach and consider it an honor. I am continually inspired by the dedication of the staff in serving Lincoln's homeless and working poor population. Their efforts change lives and make our community a better place to live. My goal as president of the board is to support them in their endeavors, clear roadblocks and provide them the environment they need to do their important work. We are blessed to live and work in a community that is so supportive of our mission and I look forward to seeing what this organization can accomplish next!

RELIEVING HUNGER

Everyone is welcome to walk through our open doors, and without judgment, get a hot meal two times a day, every day.

For more than 25 years, thousands of compassionate volunteers have come to our community kitchen to provide, prepare and serve hot nutritious meals to the working poor and homeless in Lincoln. We also have volunteers who help with many of our outreach programs. These volunteers are tireless in their efforts to provide nourishment for body and spirit.



My years of volunteer work at Matt Talbot made me realize that people can come up out of hopelessness into a life of strength, courage and confidence.

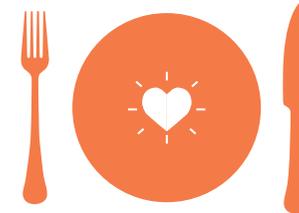
Betty — Matt Talbot Volunteer

12,506
instances of
volunteerism
(an increase of 1,000
compared to 2016)

106,722
meals provided in 2017
(6,000 more than in 2016)

8,894
average meals
served monthly

292
average meals
served daily



922
food pantries
provided

\$790,780
worth of
volunteer labor

\$224,442
worth of food donations for
hunger relief program

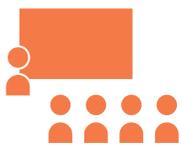
33,974
hours provided
by volunteers



PROVIDING OUTREACH

Matt Talbot is much more than food. In addition to being a safe place of refuge, Matt Talbot works to *connect people to resources that take care of the whole person* — providing beyond basic needs to embolden people to have hope.

We serve a large number of people through hunger relief and basic outreach services. But the majority of our staff efforts serve fewer people with more comprehensive services such as *housing, case management, outreach, life skills training, drug and alcohol evaluations, and nutrition education* — all aimed at the goal of preventing homelessness.



24 Life Skills classes facilitated

38 people graduated

35,689 total outreach and homeless prevention services provided to guests in 2017



1,773

homeless guest laundry instances



3,153

homeless guest shower instances



367

guests received vital ID assistance (i.e. drivers license, birth certificate)



5,282

pieces of mail distributed to homeless guests



413

haircuts



4,305

guest phone calls

3,456

unduplicated clients served



Haircuts at the Children's Back to School Foot Clinic

Having no hope is extremely dangerous, so thank you for hope and light. This place is very therapeutic. The food and services are great, but it also helps just connect with other people who are here.

Jason — Matt Talbot Guest

25+ YEARS OF SERVING THE LINCOLN COMMUNITY



1992
1st meal served

2004
Transitional Housing Program starts

2008
Volunteer Program expanded

2011
CARE Program starts

2018
Diversion Program starts

2000
Outreach Program begins and ED hired

2006
Health Outreach Services started

2010
Relocated to North 27th Street; Laundry and Shower Services Added

2016
First HOPE/Housing Program starts and 2,000,000th meal served

DEFEATING HOMELESSNESS

Our housing programs use evidence-based best practices for securing safe and stable housing for the homeless.

- **First HOPE** uses a proven model called Housing First to house the chronically homeless and surround them with the support they need. This program provides rental assistance for 12 individuals and 3 families.
- **The Landlord Liaison Project** forms partnerships between property managers, consumers and case managers to address the critical need of finding affordable housing for the homeless in Lincoln.
- **Transitional Housing** provides a sober living environment for homeless men and women who have experienced significant drug and alcohol problems and are now serious about becoming and staying active in their recovery. The men’s house serves four residents and the women’s house serves five residents. Residents stay up to two years and receive intensive case management and counseling from CARE staff to prevent relapse, become employed, increase self-sufficiency and realize the goal of permanent housing.



74 individuals provided housing through the Landlord Liaison Project & First HOPE



21 partnering landlords of the Landlord Liaison Project

Diversion Program

Matt Talbot was recently selected by the city of Lincoln to launch a new community-wide diversion program to empower persons on the edge of homelessness to identify safe and appropriate housing options and assist them in avoiding a shelter stay. The program offers mediation, conflict resolution, and referral services and has the ultimate goal of reducing the number of individuals and families becoming homeless.



Brian’s Story

Brian was homeless, addicted to meth-amphetamine and sleeping in a parking garage before he entered Matt Talbot’s Transitional Housing Program and decided to go into treatment. **Now ten months into his recovery, he is employed, paying off his debt and visiting his son once a week.** In addition to attending meetings and support groups throughout the week, Brian also has a weekly one-on-one session with his substance use counselor at Matt Talbot who he has grown to trust.

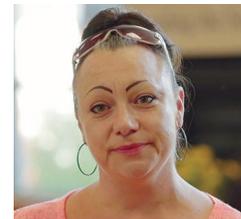
Matt Talbot pulled me off the street and helped me to get clean. They saved my life, and I am grateful for it.

Brian — Transitions House resident

ADDRESSING ADDICTION

The Transitions House + CARE Program (Counseling, Advocacy, Referral, Evaluation/ Education) provides substance use evaluations, counseling, outreach and education to the homeless at no cost. These services, combined with transitional housing, gives individuals the opportunity to address housing, treatment and long-term recovery needs which brings us closer to our vision of ending homelessness.

 <p>C.A.R.E</p>	<p>290 unduplicated clients served through the CARE Program</p>
<p>3,292 total instances of assistance through the CARE Program</p>	<p>24 individuals served through transitional housing and intensive case management</p>
<p>97 substance use evaluations provided free-of-charge</p>	<p>112 individuals who attended Alcohol Education Classes</p>



I got my life back through this program and I don’t know where I would be right now without it. Everyone in this program is amazing to me and I am eternally grateful to all of them.

Heather — former Transitions House resident



A safe **Transitional Home** for residents in recovery

BOLD COMPASSIONATE TEAM

Matt Talbot is a *dedicated and united front of staff and volunteers* who have found their true calling by helping the homeless and near homeless find possibilities when things seem impossible.



Susanne Blue



Sally Buchholz



Janet Buck



Vicky Drozd



Lynda Flynn



Clarence Grendahl



Alanna Hulse



Dave Klitzke



Retha Knapp



Rosie Newell



Randy Olaveson



Victoria Oneil



Robert Rieck



Jessica Roit



Glenn Schawang



Jeanetta Schnieder



Sara Sunderman



Sheri Verkamp



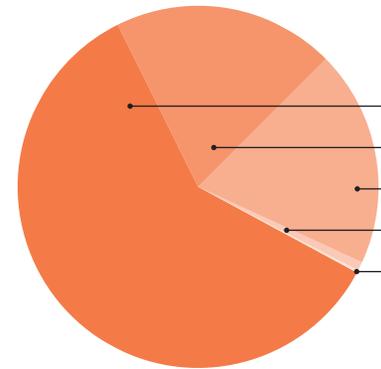
Susie Wilson



Sydne Werrick-Knox

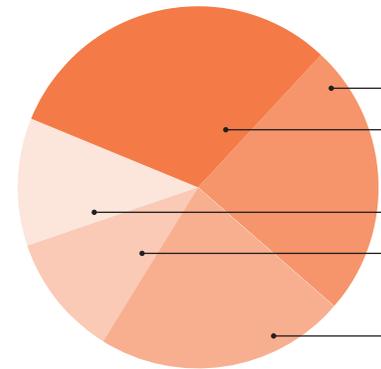
STEWARDSHIP

Special thanks to Dana F. Cole and Co. LLP for audit preparation and their ongoing support of Matt Talbot.



Revenues & Other Support

Donations	\$1,432,497
Grant Revenue	\$476,362
Special Events	\$462,862
Investment Income	\$20,725
Miscellaneous Income	\$2,006
Total Revenues & Other Support	\$2,394,452



Expenses

Program Expenses	
Hunger Relief	\$577,527
Outreach	\$725,613
Support Services	
Management & General	\$267,951
Fundraising	\$259,950
Total Expenses	\$1,831,041
Building Expansion	\$530,693
Total Expenses & Building Expansion	\$2,361,734

Statement of Financial Position

	2016	2017
Total Assets	\$3,277,806	\$3,856,786
Total Liabilities	\$116,671	\$132,240
Total Net Assets	\$3,161,135	\$3,724,546

A copy of our audited financial statement is available at www.mtko.org/about/financialinformation

Memberships & Affiliations

Cause Collective (formerly Human Services Fed)
 Lincoln Homeless Coalition
 Clinton Neighborhood Association
 North 27th Street Business & Civic Association
 Better Business Bureau
 Charity Navigator



Matt Talbot is one of the only six charities in Lincoln and 31 in Nebraska to receive Charity Navigator's highest rating of four stars (June 2018).

VISION:

Defeat hunger
and homelessness.
Restore hope!

MISSION:

The mission of
Matt Talbot Kitchen
& Outreach is to
serve the physical,
emotional and
spiritual needs of
Lincoln's working
poor and homeless
through outreach,
advocacy, education,
and the provision of
food and shelter.

CORE VALUES:

Compassionate Love,
Dignity, Empowerment,
Community, Integrity



matt talbot
kitchen & outreach

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