



# matt talbot

## kitchen & outreach

DECEMBER 2020 • VOLUME 7 • ISSUE 12

**BOLD HOPE**

### **Thank you Jeanetta! MTKO Receptionist Retiring After 8 Years**

If you've come through our front doors at MTKO, you've probably seen this smiling face. After 8 years of service Jeanetta Schneider will be retiring December 4th. Jeanetta plans to spend her retirement here in Lincoln with her family.



When asked how she feels about leaving, Jeanetta said, "I feel sadness, this is the best job I've ever had and I love working with the our homeless guests, but it's time for me to be home with my husband. "We'll miss you and hearing "I Love my Job!"

### **\$40,000 Grant Awarded to Matt Talbot Kitchen & Outreach**

Woods  
Charitable  
Fund



Matt Talbot  
Kitchen &  
Outreach  
recently  
received a  
\$40,000

grant from Woods Charitable Fund for the support of our Homeless Diversion program. The grant will be distributed over a two year period. Matt Talbot Kitchen & Outreach Diversion program works to prevent individuals and families from becoming homeless through mediation and conflict resolution, assistance with housing search and placement, and information and referral services. The funding will be used for limited financial assistance to prevent people from becoming homeless.

### **Matt Talbot Kitchen & Outreach Receives Outstanding Pandemic Response Award**



The Lincoln Homeless Coalition hosted the 21st Annual Hunger and Homelessness Recognition Event on November 20. Matt Talbot Kitchen & Outreach received the All Doors Lead Home Coordinated Entry Public Doors Pandemic Response Award along with our partners and friends at CEDARS, CenterPointe, Community Action Partnership of Lancaster County and Saunders Counties, Family Services Lincoln, Equus, Friendship Home of Lincoln, People's City Mission and The HUB-Central Access Point for Young Adults. We thank the Lincoln Homeless Coalition for this award acknowledging our efforts to serve individuals and families experiencing homelessness and near homelessness.

# News from the Kitchen

By Sydne Wirrick-Knox  
Kitchen Manager

## **Important Reminder for all of our Weekend Hunger Relief Teams**

Please remember that we have no staff at the Kitchen on weekends other than those covering the dining room during meal times. We do have one staff member on-call each weekend. If you have an emergency, please call our pager number **402-473-0447**. Follow the prompts and please leave the BEST phone number where you can be reached. Wait for the call back from our on-call staff member. Remember if you call any other MTKO phone number, there will be no one to answer the call or to call you back. **Our on-call pager number is the best way to talk with a staff member.** You may want to keep our pager number close at hand and **Thank You** for all you do for Lincoln's working poor and homeless.



## **Volunteer Teams needed for both one-time opportunities and ongoing monthly meals**

One-Time: Monday lunch 12/7, Monday lunch 12/21, Tuesday lunch 12/29, & Wednesday dinner 12/30

Ongoing Monthly Meals: 1<sup>st</sup> Monday lunch odd months, 2<sup>nd</sup> Friday dinner even months, and 4<sup>th</sup> Thursday lunch odd months.

Addition Ongoing Monthly Meals through the end of the 2020/2021 school year:

1<sup>st</sup> Monday lunch even months, 2<sup>nd</sup> Friday lunch all months, 3<sup>rd</sup> Wednesday lunch all months

Call Sydne at 402-817-0622 or email [sydne.wirrick-knox@mtko.org](mailto:sydne.wirrick-knox@mtko.org)

## **Update on Procedures for Partial Re-opening of MTKO Dining Room**

As of November 2<sup>nd</sup> the MTKO dining room has been open to our homeless guests for lunch and dinner Monday through Friday. These new procedures are moving along smoothly. Our unsheltered homeless are very grateful to have a warm, dry place at the table. We have made one small adjustment; with the Risk Dial remaining in the Red Area, we are once again asking to limit our hunger relief teams to 3 volunteers. If you have questions about our dine in procedures, please go to our website, [MTKO.org](http://MTKO.org) and go to our COVID 19 Response tab or call Sydne at 402-817-0622 (or email [Sydne.Wirrick-Knox@MTKO.org](mailto:Sydne.Wirrick-Knox@MTKO.org)).

**Thank you all** for the additional support and help through these unusual times. As always, contact me with any questions (402-817-0622 or [sydne.wirrick-knox@mtko.org](mailto:sydne.wirrick-knox@mtko.org)).

## **Meal Counts Continue to Increase**

We are still seeing a gradual increase in the number of meals we are serving each day. The best place to keep track of any patterns of meal numbers is to go to our website, [MTKO.org](http://MTKO.org). Go to the Relieving Hunger tab and click on Hunger Relief Volunteers. There you will find "Daily Meal Totals – updated twice a week". This gives the total meals for a three month period and should be helpful in planning your next MTKO meal.



## **Watch your mailbox for the 2020 In-Kind Donation Forms!**

The In-Kind Donation Forms will be mailed from MTKO mid-month in December, 2020 and need to be returned no later than February 15, 2021.

**Thank you for all you do!**

## **USDA Civil Rights Training**

All volunteers on teams using and/or serving USDA food anytime throughout the year need to complete the 2020 training. Once all of our teams complete this training, MTKO will comply with the USDA requirements and be able to continue receiving USDA food from the Food Bank of Lincoln. Please contact Sydne at [sydne.wirrick-knox@mtko.org](mailto:sydne.wirrick-knox@mtko.org) or 402-817-0622 if you have any question.

**MTKO Weekend on Call Pager Number: 402-473-0447**

## **Non-Discrimination Statement**

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA."

## **A Potato and Curry Kale Galette**

**Janet Buck, MS, RD, LMNT,**  
**Nutrition Coordinator**

If you like eastern food, this is a recipe for you. And, if you, like me, weren't sure what a galette is, here is the definition: a food prepared and served in the shape of a flat, round cake. (I had to look it up, even though I have made this dish.) It is really tasty and bursting with anti-oxidants, which help keep our immune systems healthy, something we all need with this ongoing pandemic! It is also a great way to use up the end-of-season greens you might have in your garden, as well as potatoes you might be storing from this past summer's bounty. Hope you enjoy it.

### **Ingredients**

- 1 tsp. olive oil
- 1 onion, finely chopped
- 1 garlic clove, chopped
- 2 tsp. curry powder
- 1 tsp. ground turmeric
- 1 pinch ground ginger, or more, to taste
- 1 pinch cayenne pepper (optional)
- 1 bunch (6-8 cups, 5-6 oz.) kale (or other greens), stems removed and leaves coarsely chopped
- 3 potatoes, peeled and thinly sliced
- salt and ground black pepper to taste
- 1/4 cup melted butter
- 1/4 cup shredded cheddar cheese, or more, to taste (optional)



### **Directions**

- Preheat oven to 425 degrees F (220 degrees C). Lightly grease a 2-quart casserole dish.
- Heat olive oil in skillet over medium heat; cook and stir onion and garlic until onion is softened, about 5 minutes. Add curry powder, turmeric, ginger, and cayenne pepper; stir to coat. Add kale; cover and simmer, stirring occasionally, until kale is tender and wilted, 5 to 10 minutes.
- Cover the bottom of the prepared casserole dish with a layer of potato slices; top with a layer of kale mixture. Season with salt and black pepper. Continue layering with remaining potatoes and kale mixture, ending with a potato layer. Pour melted butter over top layer of potatoes.
- Bake in the preheated oven until potatoes are tender and slightly browned around the edges, about 35 minutes. Sprinkle with Cheddar cheese and cook until cheese is melted, 3 to 5 minutes



**Help us  
reach 1,000  
followers  
on  
Instagram.  
Follow us  
today!**

**Support MTKO**  
**#Giving Tuesday, December 1st**

**#GIVING  
TUESDAY**

**Watch our social media for ways for you to help!  
We are partnering with some local favorites like,  
Raising Canes and Roast Busters for some fun  
and exciting ways to raise funds!**



**BOLD HOPE**

PO Box 80935  
Lincoln, NE 68501



**amazon**smile  
You shop. Amazon gives.

While shopping for the holidays this season, please consider shopping at [smile.amazon.com](https://smile.amazon.com). Amazon will donate 5% back to Matt Talbot Kitchen & Outreach when you choose us as your designated non-profit.

## Matt Talbot Kitchen & Outreach has an opening for a full-time Housing Case Manager

WE'RE HIRING!

### HOUSING CASE MANAGER

Learn more at  
[mktko.org/opportunities](https://mktko.org/opportunities)

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The Case Manager will use a Housing First/low barrier philosophy to provide a broad array of services including crisis intervention, advocacy and case management to individuals and families experiencing homelessness in the Homeless Voucher Program and the First HOPE (permanent supportive housing) Program. The Case Manager must recognize the multiple and serious needs of persons who are experiencing homelessness, the various subgroups within that population, and the need for multiple and holistic interventions.

The Case Manager should have a bachelor's degree in a human service related field. Three years of work experience in the field of poverty, homelessness, domestic violence, mental health and/or substance use is preferred. Personal life and work experience may be substituted for education. The position offers a full-time flexible schedule in a supportive team centered environment. Competitive wages and benefits are offered. Please submit an application, cover letter and resume to Sara Sunderman at [sara.sunderman@mtko](mailto:sara.sunderman@mtko) or mail to PO Box 80935, Lincoln, NE 68501.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Lunch</b> Family & Friends Mary Jo Bousek <b>Supper</b> Tuesday Dues Capital City Christian Church Joy Blythe	<b>2 Lunch</b> Wednesday Lunch Bunch Lisa Hayes <b>Supper</b> <b>Sub Team</b> <b>Melanie</b> <b>Mitchell &amp;</b> <b>Family P/P/S</b>	<b>3 Lunch</b> Angel Helpers Mary Jo Bousek <b>Supper</b> St. Joseph's #3 Pat & Bill Lundak	<b>4 Lunch</b> IANL Roli Saraf <b>Supper</b> Westminster Presbyterian Church Gary Haller	<b>5 Lunch</b> College View Something Else Class Vicki Biloff <b>Supper</b> Family & Friends Joyce Champoux
<b>6 Lunch</b> Madonna Sue Carraher <b>Supper</b> Family & Friends Peggy & Greg Dynek	<b>7 Lunch</b> <b>Need</b> <b>Sub Team</b> <b>Supper</b> Super Supper Servers Sue Connolly	<b>8 Lunch</b> <b>Sub Team</b> <b>FBLs</b> <b>P/P/S</b> <b>Supper</b> St Pat's Leah Bethune	<b>9 Lunch</b> Christ United Methodist Mary Woodard <b>Supper</b> St Peter's Godteens Sarah Hodge	<b>10 Lunch</b> Country Neighbors Beaver Crossing Mike Stutzman <b>Supper</b> Blessed Sacrament #2 Mary Jo Bousek	<b>11 Lunch</b> <b>Sub Team</b> <b>Brian</b> <b>P/P/S</b> <b>Supper</b> Blessed Sacrament #1 MaryAnn Burda	<b>12 Lunch</b> First United Methodist Church Liz Zeff <b>Supper</b> 1 <sup>st</sup> Plymouth Congregational Hollie Schmidt
<b>13 Lunch</b> St Mary's Elmwood Les & Ruth Ann Hlavac <b>Supper</b> P.K.'s & Friends Grace & Bryan Willnerd	<b>14 Lunch</b> Sacred Heart Alt. Soc. Beaver Crossing Jerry Pariset <b>Supper</b> J-Tech Construction Jason Olberding	<b>15 Lunch</b> First Lutheran Church Steve & Karen Lenzen <b>Supper</b> Crossbridge Christian Church Phil Berlie	<b>16 Lunch</b> <b>Sub Team</b> <b>Modern</b> <b>Woodman of</b> <b>America P/P</b> <b>Supper</b> St Teresa's #1 Rosie Polak	<b>17 Lunch</b> <b>HOLIDAY</b> <b>FIESTA</b> <b>Supper</b> St E's Mission Integration Committee Julie Fuller	<b>18 Lunch</b> Second Baptist Elaine Pope <b>Supper</b> St Mary's – NA Martyrs Mix Carol Ruskamp & Cindy Seidl	<b>19 Lunch</b> St Katherine's Lunch Bunch Mark & Mai Linebaugh <b>Supper</b> Holy Savior Lutheran III Sarah Fuller
<b>20 Lunch</b> St. Peter's Mary French <b>Supper</b> St Paul's Methodist Church Youth Group Debbie Hennig	<b>21 Lunch</b> <b>Need</b> <b>Sub Team</b> <b>Supper</b> St. David's Episcopal Kathy Wilson	<b>22 Lunch</b> Women's Welcome Club Maril Freese <b>Supper</b> Southwood Lutheran Leigh Porter	<b>23 Lunch</b> Trinity Lutheran Church, Cordova Kim Due <b>Supper</b> St Teresa's Coffee Group Donna & Karen	<b>24 Lunch</b> <b>Sub Team</b> <b>Pariset Family</b> <b>P/P/S</b> <b>Supper</b> <b>Sub Team</b> <b>MTKO P/P</b> <b>Drozdz Family</b> <b>Serve</b>	<b>25 Lunch</b> <b>Sub Team</b> <b>Denise</b> <b>Ackerman</b> <b>Family P/P/S</b> <b>Supper</b> <b>NE Kiwanis</b> <b>P/P/S</b>	<b>26 Lunch</b> St John's Talbot Lunch Bunch Tini Van-Oehlert <b>Supper</b> CALL Cheryl Ferree
<b>27 Lunch</b> Light of the World Larry Kunc <b>Supper</b> The Servants of St Joseph Mary Bill	<b>28 Lunch</b> St Peter's Provide Nebraska Wesleyan Pre- Health Club Provide/Serve <b>Supper</b> Sysco Lincoln Elke Hesser	<b>29 Lunch</b> <b>Need</b> <b>Sub Team</b> <b>Supper</b> Friends Jan Meints	<b>30 Lunch</b> Orthodox Men of Lincoln Richard Leiter & Paul Barnes <b>Supper</b> <b>Need</b> <b>Sub Team</b>	<b>31 Lunch</b> <b>Sub Team</b> <b>Good Shepard</b> <b>Church P/P/S</b> <b>Supper</b> St James' Cortland Kassie Ebbers		<b>MTKO</b> <b>Weekend</b> <b>Pager Number:</b> <b>402-473-0447</b>

**Mission Statement:** The mission of Matt Talbot Kitchen & Outreach is to serve the physical, emotional and spiritual needs of Lincoln's working poor and homeless through outreach, advocacy, education and the provision of food and shelter.

## **USDA INVENTORY AS OF November 23, 2020**

### **Canned, Frozen or Instant Vegetables**

5 cases (24 #300 cans/case) Red Kidney Beans  
4 ½ cases (24 #300 cans/case) Garbanzo Beans

### **Canned & Frozen Fruit**

4 cases (2 / #300 cans/case) Sliced Pears

### **Pasta**

1 cases (20 1# boxes/case) Spaghetti

### **Frozen & Canned Meat**

3 cases (6 5# packages/case) Pork Loins

### **Soups**

6 cases (24/24oz pouches/case) Beef Stew

### **Miscellaneous**

1 cases (24 #300 cans/case) Spaghetti Sauce

We do have several hams that teams can use. Please call to reserve what you need.